



Foundation Curriculum Map - Spring 1 2026



'Real Life Superheroes!'

Home Learning Tips

Continue to revisit our phonics videos on the school website.

Recognise quantities to 5 without counting. Recognise numbers to 10 and think about how they are made.

Go on a bus or a train trip and notice the things that are local to us.

Continue to read your books from school. Perhaps have a digraph or rainbow word of the day to spot in your books...

See if you can make puppets for the characters in Little Red Riding Hood. Can you retell the story? This is our traditional tale this half-term!

Key Learning

Personal, social and emotional development: Learn about how to keep ourselves safe, including what is safe to go into our bodies. Learn how we can stay safe when we are outdoors or indoors, including staying safe online.

Physical development: Gymnastics: explore how we can move like a champion gymnast, on the floor and using apparatus. Learn how we climb high and low, and travel over and under equipment safely.

Expressive arts and design: Painting and mixed media: explore paint and painting techniques through nature, music and collaborative work.

RE and Understanding the world: Learn about how people celebrate Lunar New Year, including other religions such as Hinduism. Explore and create maps of familiar places.

Enrichment

-Visits from emergency service workers
-Winter Discovery Day

Key Curriculum Vocabulary

police officer	emergency services
siren	ambulance
999	paramedic
fire fighter	fire engine
hose	teamwork
uniform	first aid
Lunar new year	olympics

Communication, Language and Literacy

Express thoughts and make predictions related to the settings, key events, characters in our focus texts.
Continue to practise forming our letters correctly.
Continue to practise writing our first and last names.
Practise and apply the Phase 3 digraphs.
Practise using rainbow words in reading and writing.
Segment the sounds in simple words and blend them together to write labels, captions and simple sentences.

Key Vocabulary

segment	Sounding out a word by reading the graphemes e.g. m-u-d
blend	Putting the sounds back together to read a word e.g. m-u-d = mud
setting	The place where the story happens e.g. field / farm
caption	A brief explanation e.g. The three tractors.
digraph/trigraph	Two/three letters that make one sound e.g. f-i- <u>sh</u> <u>this</u>

Maths

Continue to develop our knowledge of the composition of numbers to 8- explore all of the different ways that we can make these numbers. Explore the 'whole' and 'parts' of numbers to 8. Explore odd and even numbers and find and make doubles.
Practise subitising numbers to 5 as well as noticing groups within a larger quantity.
Practise identifying one more and less. Identify when quantities are the same/equal and make unequal sets equal.
Make comparisons when exploring mass, length, height and time.

Key Vocabulary

more	less	subitise
total	compare	equal
part- whole	altogether	zero
partition	heavy/light	empty/full

Some of our focus texts:

