Dorset Mental Health Support Team in Schools

NHS
Dorset HealthCare University
NHS Foundation Trust

NEW PODCAST!

Tea Talk & Teens podcast

The Accessibility Gap: What Boys Really Need From Mental Health Support

"They don't have an awareness problem. They have an accessibility problem."
That's one of the biggest messages from over 50 boys who took part in a local mental health research project.
In this episode of Tea, Talk & Teens, we speak with David from the MHST. From the research, the boys' message was clear: boys are willing to talk, but support needs to feel accessible, relatable and safe.
Listen now to Tea, Talk and Teens on Spotify

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