BOVAIRD, Nova (DORSET HEALTHCARE UNIVERSITY NHS FOUNDATION TRUST)

Outlook

From: BOVAIRD, Nova (DORSET HEALTHCARE UNIVERSITY NHS FOUNDATION TRUST)

Sent: 13 November 2026 16:04

Subject: Introduction to Autism and Neurodiversity for Parents and Carers

Hi all,

Please share with families

Nova

An Introduction to Autism and Neurodiversity for Parents

This half-day session provides parents with a basic overview of how Autism and Neurodiversity may present in children and young people. It includes:

- Information about Autism and Neurodiversity, including the 3 areas of difference.
- Young person input: 'My Experiences'.

The session is FREE and open to families who live in the BCP area. Your child does not need to have a diagnosis for you to attend.

Please contact us (details below) to book your space and indicate whether you would like 1 or 2 spaces. Please also confirm if your child attends the school that is hosting the session to help us with allocation of spaces.



Day	Time	Venue
Monday 23 November 2026	09:30–11:45	Moordown St John's CE Primary School, Vicarage Road, Bournemouth BH9 2SA
Tuesday 2 February 2027	09:30–11:45	Christchurch Junior School, Clarendon Road, Christchurch BH23 2AA
Wednesday 24 March 2027	09:30–11:45	Glenmoor and Winton Academies, Beswick Avenue, Bournemouth BH10 4EX
Friday 14 May 2027	09:30–11:45	Bournemouth Collegiate School (BCS), College Road, Southbourne, Bournemouth BH
Monday 14 June 2027	09:30–11:45	Oakdale Junior School, 3 School Lane, Oakdale, Poole BH15 3JR

Day	Time	Venue
Thursday 8 July 2027	09:30–11:45	Online via Zoom

Feedback from parents on the session:

"Lovely mix of information and experiences, thank you!"

"It was brilliant and enlightening, thank you."

"I really liked it, thank you. Pitched at the right level and was a safe environment to be in. The 'teachers' couldn't have been nicer or more engaging. Thank you."

"Thank you, what an amazing team of trainers. You kept this very interesting and were all so open about your own experiences."

"Thank you, a great session to help me understand my daughter."

"Very thorough, very interesting & helpful. Feel I am moving in the right direction. Lots of great tips."

"Thank you so much. It's been really helpful as we start this journey as parents."

LINWOOD
TRAINING, SUPPORT & ADVICE

Linwood Training, Support and Advice (LTSA)

Linwood School, Alma Road, Winton, Bournemouth BH9 1AJ

Telephone: 01202 525107

ltsa@linwood.bournemouth.sch.uk

Nova Bovaird (she/her)

Service Lead

Mental Health Support Team in Schools, Bournemouth, Poole and Christchurch
☎ Mob: 07879471850

✉ Email: Nova.bovaird1@nhs.net

Web: www.dorsethealthcare.nhs.uk

MHST web: https://camhsdorset.org/about-camhs/mental-health-support-teams-mhsts

****
********* ******************************

This message may contain confidential information. If you are not the intended recipient please:
i) inform the sender that you have received the message in error before deleting it; and
ii) do not disclose, copy or distribute information in this e-mail or take

any action in relation to its content (to do so is strictly prohibited and may be unlawful).
Thank you for your co-operation.

NHS.net Connect is the secure email, collaboration and directory service available for all NHS staff in England. NHS.net Connect is approved for exchanging patient data and other sensitive information with NHS.net Connect and other accredited email services.

For more information and to find out how you can switch visit Joining NHS.net Connect – NHS.net Connect Support