



Incredible Years Programme

Meet other parents and learn about positive tools to help you with parenting

The Incredible Years is an evidence based positive parenting programme which focuses on building upon parent-child relationships, as well as providing parents with strategies to manage their child’s behaviour.

Christchurch Family Hub
School Age Programme (6 – 11 Years)
Starting on 23rd April 2026 Thursday mornings

If you are interested in attending, please scan the QR code below and complete the Request for Support Form. Please complete by 20th March

Please note that a referral does not automatically secure a place.

This course has changed our household for the better

It is just a different way of parenting but it's the best way.

Family life is so much calmer and happier now



Please complete our referral form on our website:



Or visit www.actionforchildren.org.uk/dorset for more information