

# Bikeability Training Parent/Carer Consent Form

Dear Parent / Carer,

Your child's class will be taking part in Free Bikeability Level 1 Cycle training during week commencing 27<sup>th</sup> April, 2026 provided by BCP Council.

Bikeability has replaced Cycling Proficiency as the government's national cycle training programme. It is funded by the Department for Transport and is delivered by trained, DBS-checked Bikeability instructors.

Bikeability trains riders to make independent decisions and practice safe and responsible cycling. It is offered at different levels to support your child's increasing skills and confidence. Riders must demonstrate all assessment criteria for each level independently before they progress on to the next Bikeability level. Your child's instructor will work with the school to advise you when your child is ready for the next level. These levels are: -

- **Learn to Ride** – introduction to learning to ride a bike with pedals
- **Playground Bike Skills (Level 1)** - develops cycle handling skills before riding on the road.
- **Residential Road Training (Level 2)** develops skills for cycling on single-lane roads with simple junctions and moderate traffic.
- **Advanced Cycle Training (Level 3)** - develops skills for cycling on busy, complex roads and junctions.

COURSE INFORMATION	WHAT WILL YOUR CHILD NEED?
<p>School: <b>HIGHCLIFFE ST.MARKS PRIMARY SCHOOL</b></p> <p>Bikeability Levels: <b>LEVEL 1 AND LEARN TO RIDE FOR NON RIDERS</b></p> <p>Number of sessions: <b>1 SESSION UP TO 2 HOURS</b></p> <p>Dates: <b>WEEK COMMENCING 27<sup>TH</sup> APRIL, 2026</b></p>	<ul style="list-style-type: none"> <li>• Completed consent form – click the link below to complete the form</li> <li>• Roadworthy bike without stabilisers – If you do not have a bike, please inform your school in advance of the course as we do have a limited number of spare bikes available that will be allocated on a first come, first basis.</li> <li>• Helmet</li> <li>• Suitable clothing for the weather conditions</li> </ul>

Please click the link below to take you to the form to confirm if your child will/will not be participating

<https://consent.bikeability.org.uk/dog-eat-brown>



Highcliffe St Mark Primary-Christchurch

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