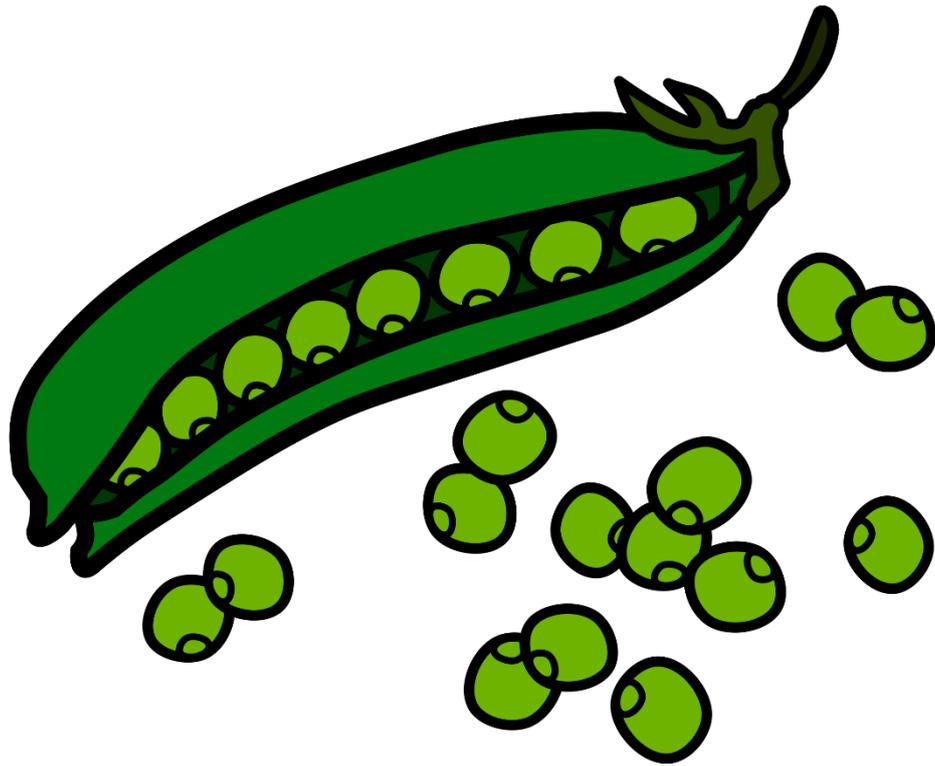




Highcliffe St Mark Primary School

Songs and rhymes to help
strengthen children's hands and
fingers and to develop small
movement skills.



Five Little Peas

Five little peas in a pea-pod pressed,
(make a fist, palm down)

One grew, two grew, and so did all the rest;
(stretch out index finger then other fingers slowly)

They grew and grew and did not stop,
Until one day the pod went ... POP!
(clap hands together)



A House

Here is a nest for a sparrow,
(cup hands together)

Here is a hive for a bee,
(put fists together)

Here is a hole for a rabbit,
(make a circle both hands together)

And here is a house for me
(place fingertips together above head)



The Barber's Shop

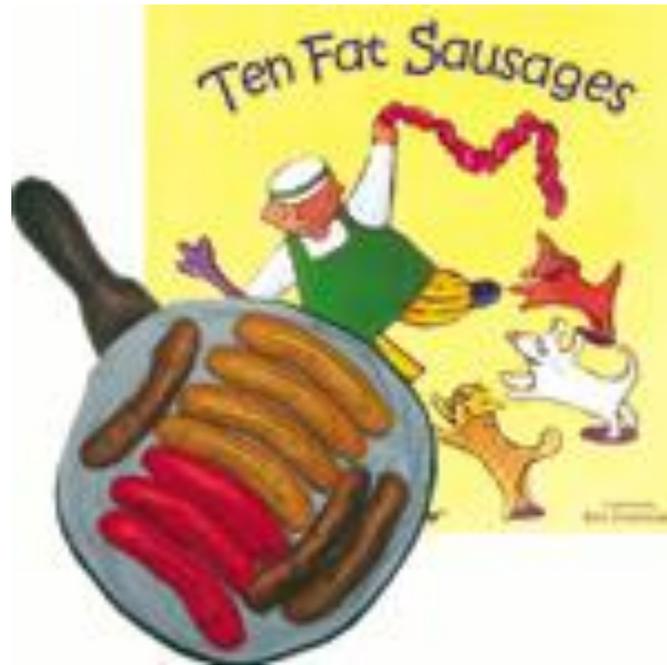
Mr Barber, cut my hair,
(scissor fingers across forehead)

While I sit in a great big chair.
(pat thighs)

Cut a little here,
(clap hands by right ear)

Cut a little there.
(clap hands by left ear)

Mr Barber, cut my hair.



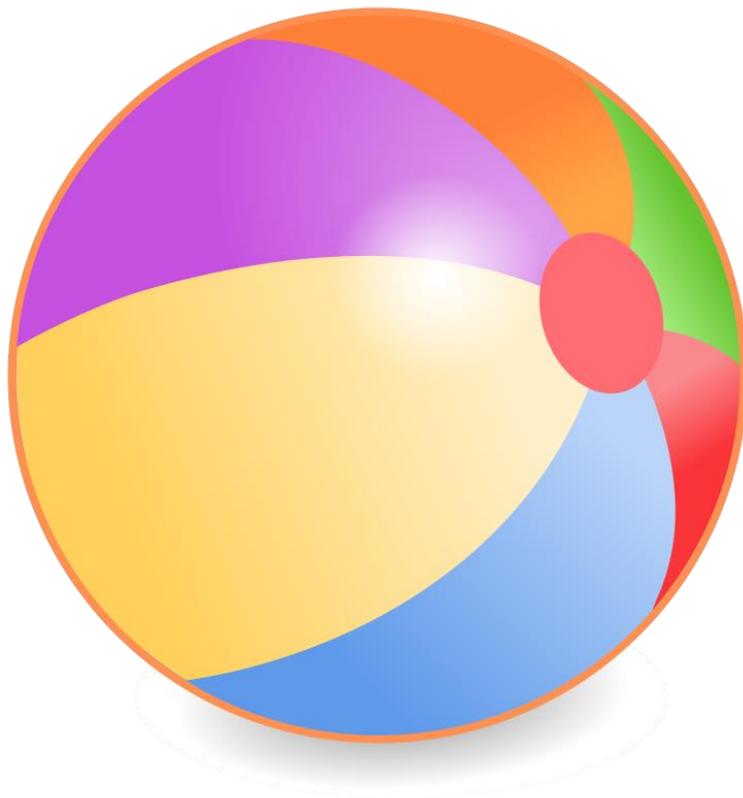
Ten Fat Sausages

Ten fat sausages sizzling in the pan,
Ten fat sausages sizzling in the pan,
(stretch out thumbs and fingers and wiggle)

One went POP! And another went BANG!
(click fingers - pop, then clap - bang)
Then there were eight fat sausages sizzling in the pan.

Eight fat sausages ... etc.

No fat sausages sizzling in the pan,
No fat sausages sizzling in the pan,
But all of a sudden, the pan went BANG!
Now there are no fat sausages - And no frying pan!



A Ball

A great big ball,
(make a large circle touching fingertips above head)

A middle-sized ball,
(make a circle touching thumbs and fingers of both hands together)

A little ball I see,
(make a circle touching thumb and index finger, of same hand, together)



One, Two, Three, Four, Five

One, two, three, four, five,
(count on fingers to five)

Once I caught a fish alive;
(wiggle hand like fish)

Six, seven, eight, nine, ten,
(continue counting on fingers to ten)

Then I let it go again.



Five Little Ducks

Five little ducks went swimming one day, Over the pond and far away. Mother Duck said 'Quack, quack, quack, quack', But only four little ducks came back.

Four little ducks ... etc

One little duck went swimming one day, Over the pond and far away. Mother Duck said 'Quack, quack, quack, quack', But no little ducks came swimming back.

Mother Duck went swimming one day, Over the pond and far away. Mother Duck said 'Quack, quack, quack, quack', And five little ducks came swimming back.

Use the fingers of one hand to represent the little ducks. Use the other hand to represent the Mother Duck's bill to say 'Quack, quack, quack, quack'



Beehive

Here is a beehive.
(cup hands together)

Where are all the bees? Hiding inside where nobody sees.
(peek inside cupped hands)

Look here they come, out of the hive, One, two, three, four, five!
(hold up thumb and fingers as you count)

Buzz-zzzzz!
(wiggle fingers in air as they fly away)



Here's a Cup

Here's a cup, and here's a cup,
(make a fist with one hand, then fist with the other hand)

And here's a pot of tea.
(extend thumb of one hand)

Pour a cup, pour a cup,
(pretend to pour tea into cup)

And have a cup with me!
(pretend to drink, extend little finger)



Five Currant Buns

Five currant buns in a baker's shop,
(hold up five fingers on one hand)

Round and fat with sugar on the top.
(make a circle, thumbs and fingertips of both hands
together - then pretend to sprinkle sugar, rubbing thumb
and fingertips together)

Along came a child with a penny one day,
Bought a currant bun and took it away.
(hold up four fingers on one hand)

Four currant buns ... etc



Five Little Monkeys

Five little monkeys jumping on the bed,
(bounce fingers of one hand on palm of the other)

One fell off and bumped his head;
(roll hand over hand towards floor)

Mummy called the doctor
(pretend to use phone)

And the doctor said, 'No more monkeys jumping on the bed!'

Four little monkeys ... etc

One little monkey jumping on the bed, he fell off and
bumped his head; Mummy called the doctor

And the doctor said 'Well that's what you get for jumping
on the bed!'